



FACES OF LODO



SANDY STROEHMANN ELIXIR MIND BODY MASSAGE

Denver native, Sandy Stroehmann, has been observing LoDo's transformation from skid row to premier mixed-use neighborhood for most of her life. So when it came time for a mid-life career transformation, Sandy knew that LoDo was where it would occur.

On June 27, Sandy realized a long-time dream and opened Elixir Mind Body Massage at 1518A Wazee Street. Inspired by her own experience of massage as a holistic approach to stress management, Sandy determined to share its benefits with the LoDo and greater Denver community. Now she is gratified helping clients relieve their stress in the serene, brick-walled treatment rooms of Elixir. "I love this job," Sandy reflects, "because I can watch my clients leave Elixir floating, with smiles on their faces. It's very rewarding."

In addition to massage and acupuncture services, Elixir offers a myriad of products to nurture the mind and body. Cloud-like sheet sets, aromatherapy products, chocolates, teas, body treatments and music are all available for sale. Memberships that provide discounted massage treatments are a popular offering. Stop into Elixir, browse the shelves and don't forget to schedule a stress-busting massage. It could change your life.

GET TO KNOW SANDY STROEHMANN AND OTHER LODO DISTRICT MEMBERS.
CALL 303-628-5428 FOR MEMBERSHIP INFORMATION.